



# Seneca Lake Terrace

## FEBRUARY 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Yahtzee-D 1:15pm Plant Walk 2pm Pastor Mark-B 3pm Afternoon Social & Snack-B 6:30pm Keuka Mennonite Sing	<b>2 Ground Hogs Day</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Book Club-M 1:15pm Music & Stretching 2pm New Game -D 3pm Afternoon Social & Snack-B 6pm News & Discussion-M	<b>3 Anna Lewis</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Trivia & Conversation-M 1:15pm Walk or stretch-M 2pm Ice Cream Social-B 2:30pm Music with Tom-M 6pm News & Discussion-M	<b>4</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Trivia & conversation M 1:30pm Walk 2pm Game of choice-B 3pm Afternoon Social-B 7pm Lawrence Welk Show
<b>5</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Worship-M 1pm Walk or stretch-M 2pm Word Game-B 3pm Afternoon Social & Snack	<b>6</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Scrabble Game-D 1:15pm Walk or stretch-M 2pm Bowling-D 3pm Afternoon Social & Snack-B 6pm News & Discussion-M	<b>7 Evelyn Lucy</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Men's Club 1:15pm Walk 2pm Nail Spa-B 3pm Afternoon Social & Snack-B 6pm News & Discussion	<b>8</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Bingo-D 1:15pm Walk or stretch-M 2:00pm cards-B 3pm Afternoon Social & Snack-B 6pm News & discussion-L	<b>9 George Jennings</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Red Hatter's-B 1:15pm Walmart & Bank 2pm Uno Attack 3pm Afternoon Social & Snack-B 6pm News & Discussion-M	<b>10</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Painting-D 1:15pm Walk or stretch-M 2pm Ice Cream Social-M 2:30pm Music with Tom 6pm News & Discussion-M	<b>11</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Word Game-B 1:30pm Snowball Fight-M 2pm Bingo-B 3pm Afternoon Social-B 7pm Lawrence Welk Show
<b>12</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Worship-M 1pm Walk or stretch-M 2pm Word Game-B 3pm Afternoon Social & Snack 4:30pm Super Bowl	<b>13 Daniel Carney</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Trivia-M 1:15pm Walk or stretch-M 2pm New Game -D 3pm Afternoon Social & Snack-B 6pm News & Discussion-M	<b>14 Valentine's Day</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Scrabble- D 1:30pm Dance & Music with Bob Lyna 3pm Afternoon Social & Snack-B 6pm News & Discussion-M	<b>15</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Yahtzee- D 1:15pm Walk or stretch-M 2pm -Word Game -B 3pm Afternoon Social & Snack-B 6pm News & Discussion-M	<b>16</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am New Game -D 1:15pm Walmart/Bank 2pm Uno-B 3pm Afternoon Social & Snack-B 6pm News & Discussion-M	<b>17 Random Acts of Kindness</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Cards-D 1:15pm Walk or stretch-M 2pm Birthday Party-M 2:30pm Music with Tom 6pm News & Discussion-M	<b>18</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Brain Teaser-M 1:30pm Movie Time 3pm Afternoon Social-B 7pm Lawrence Welk Show-M's

<b>19</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Worship-M 1pm Walk or stretch-M 2pm Word Game-B 3pm Afternoon Social & Snack	<b>20</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Word Game-B 1:15pm Walk or stretch-M 2pm Scrabble Game-D 3pm Afternoon Social & Snack-B 7pm Finger Lake Chorus -M	<b>21 Mardi Gras</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Drawing/paint -D 1:15pm Walk 1:30pm Party 3pm Afternoon Social & Snack-B 6pm News & Discussion-M	<b>22</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Scrabble- D 1:15pm Walk or stretch-M 2pm 3pm Afternoon Social & Snack-B 6pm News & Discussion-M	<b>23</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Yarn Craft-D 1:15pm Bank/Walmart 2pm Nail Spa-B 3pm Afternoon Social & Snack-B 6pm News & Discussion-M	<b>24</b> 10am Resident Council w/coffee 11am Exercise-M 1:15pm Walk or stretch-M 2pm Ice Cream Social-B 2:30pm Music with Tom 6pm News & Discussion-M	<b>25</b> <b>Craft Sale 10-3pm</b> 10am Morning Social & Snack-B 10:30am Exercise-B 1:00pm Music & Stretching 2pm Brain Teaser-B 3pm Afternoon Social-B 7pm Lawrence Welk Show
<b>26</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Worship-M 1pm Movie -M 3pm Afternoon Social & Snack	<b>27</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Trivia-B 1:15pm Walk or stretch-M 2pm Corn Hole- D 3pm Afternoon Social-B 6pm News & Discussion-M	<b>28</b> 10am Morning Social & Snack-B 10:30am Exercise-M 11am Game of choice-D 1:15pm Walk or stretch-M 2pm 3pm Afternoon Social & Snack-B 6pm News Discussion-M	<b>3670 County Rd 6</b> <b>Geneva NY 14456</b> <b>315-789-4162</b>	<b>Key</b> B- Bistro M-Main Living Room A- A wing B- B wing D-D wing	Activities are engaged with Jen, Life Enhancement Director or the Wellness Team.	Activities are subject to change. A whiteboard is outside main dining room and updated daily.